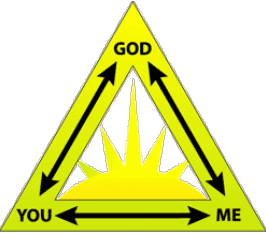


POWER: I had to find a power greater than myself which will solve my problem.

You, Me & God			Step 9 Principles for Amends	
	Love	Physically - Relaxed Emotionally - Calm Mentally - Serene Spiritually - Centered	Patient Responsible Active/Zealous Intimate Generous Content Trusting Humility Helpful to others Unselfish Forgiveness Honest	I am of maximum usefulness to God and my fellows. I make spiritual progress. I am recovered from a seemingly hopeless state of mind and body.
God's Will	▲	▲	▲	▲
Step 3 Decision	My Thinking ▶▶	◀◀ My Feeling ▶▶	◀◀ My Actions ▶▶	My Being
Self Will	▼	▼	▼	▼
ME ME ME ME ME	Fear I am always afraid of losing what I have or not getting what I want.	Hurt & Threatened Self-esteem Pocketbook Security Ambitions Relationships Sex	Dishonest Resentment / Anger / Hate Selfish Self-seeking Arrogant / Self-deprecating Jealous/Suspicious Envious Greedy Lustful Slothful Irresponsible Impatient	I harm others. I harm myself. I drink, use or act out.
Bondage of Self			Step 4 & 5 Moral Inventory	

NO POWER: Lack of Power that was my dilemma.