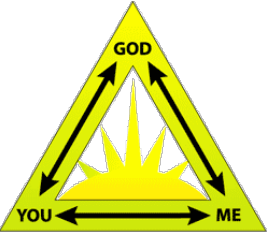


POWER: *I had to find a power greater than myself which will solve my problem.*

<p align="center">You, Me & God</p>			<p align="center">Step 9 Amends & Spiritual Principles to live by...</p>	
	<p>*Agape - Unconditional / Spiritual Love</p> <p>Philia - Brotherly / Sisterly Love</p> <p>Eros - Erotic / Physical Love</p>	<p>Physically - Relaxed</p> <p>Emotionally - Calm</p> <p>Mentally - Serene</p> <p>Spiritually - Centered</p>	<p>Patient</p> <p>Responsible</p> <p>Active/Zealous</p> <p>Intimate</p> <p>Generous</p> <p>Contentment</p> <p>Trusting</p> <p>Humility</p> <p>Helpfulness to others</p> <p>Unselfish</p> <p>Forgiving</p> <p>Honest</p>	<p>I am of maximum usefulness to God and my fellows.</p> <p>I make spiritual progress.</p> <p>I am recovered from a seemingly hopeless state of mind and body.</p>
<p align="center">God's Will</p>	<p align="center">▲</p>	<p align="center">▲</p>	<p align="center">▲</p>	<p align="center">▲</p>
<p align="center">Step 3 Decision</p>	<p align="center">My Thinking ▶</p>	<p align="center">◀ My Feeling ▶</p>	<p align="center">◀ My Behaviours/ Actions ▶</p>	<p align="center">◀ My Being</p>
<p align="center">Self Will</p>	<p align="center">▼</p>	<p align="center">▼</p>	<p align="center">▼</p>	<p align="center">▼</p>
<p align="center">ME</p> <p align="center">ME ME ME</p> <p align="center">ME</p>	<p align="center">Fear</p> <p>I am always afraid of losing what I have or not getting what I want.</p>	<p align="center">Hurt & Threatened</p> <p align="center">Self-esteem</p> <p align="center">Pocketbook (Money)</p> <p align="center">Security</p> <p align="center">Ambitions</p> <p align="center">Relationships</p> <p align="center">Sex</p>	<p align="center">Dishonest</p> <p align="center">Resentful / Angry / Hateful</p> <p align="center">Selfish</p> <p align="center">Self-seeking</p> <p align="center">Arrogant / Self-deprecating</p> <p align="center">Jealous/Suspicious</p> <p align="center">Envious</p> <p align="center">Greedy</p> <p align="center">Lustful</p> <p align="center">Slothful</p> <p align="center">Irresponsible</p> <p align="center">Impatient</p>	<p align="center">I harm others.</p> <p align="center">I harm myself.</p> <p align="center">I drink, use or act out.</p>
<p align="center">Bondage of Self</p>			<p align="center">Step 4 & 5 Moral Inventory of character short-comings</p>	

NO POWER: *Lack of Power that was my dilemma.*